

Sugar Scrub
Rub into hands,
face, feet, and body.
Rinse well with
warm water.

Sugar Scrub
Rub into hands,
face, feet, and body.
Rinse well with
warm water.

Lavender

Tea Tree

Citrus

Sugar Scrub
Rub into hands,
face, feet, and body.
Rinse well with
warm water.

Sugar Scrub
Rub into hands,
face, feet, and body.
Rinse well with
warm water.

Lavender Mint

Eucalyptus

Lavender

Tea Tree

Citrus

Lavender Mint

Eucalyptus

Bath Salt
add 1/2 cup
to warm
bath water

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add 1/2 cup
to warm
bath water

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to warm
bath water

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add 1/2 cup
to warm
bath water